



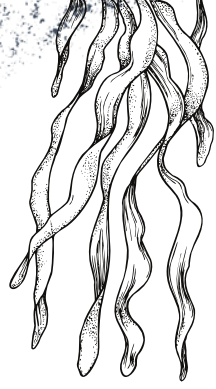
U&Co.

*Al Fresco Dining*



# U&Co.

*Al Fresco Dining*



## U&CO Welcome Selection €3.50

Variety of Fresh Bread · Herb Butter · Whipped Feta &  
Spicy Honey · Portuguese Olive Oil



## SHARING PLATTERS

### Flambeed Wild Prawns

with garlic, chilly peppers  
& parsley

€28.00

### Algarve Clams from Ria Formosa

with white wine, garlic &  
coriander

€29.00

### Premium Alentejo Pata Negra Ham & Cured Sheep's Cheese

Marinated Olives, Jam &  
Bread Crisps

€29.00

## STARTERS

### Velvet Truffle & Parmesan Soup €12.00

Mushroom Ravioli · Chives · Croutons

### Golden Crispy Panko Prawns €18.00

Green Mango Salad · Lime · Chili · Coriander ·  
Toasted Peanuts · Sriracha Mayonnaise

### Spicy Salmon Taco €18.00

Iceberg Lettuce · Mango · Chili Peppers ·  
Avocado Mayonnaise · Soy Sauce ·  
Sesame Seeds · Lime

### Ruby Beetroot Hummus & €16.00

#### Roasted Cauliflower

Kumquat · Baby Gem Lettuce · Beluga  
Lentils · Greek Yogurt · Dukkah Spice ·  
Toasted Flatbread · Aromatic Herbs

### Bresaola & Burrata Salad €17.00

Crispy Artichokes · Confit Cherry Tomatoes ·  
Watercress · Toasted Hazelnuts

### Umami Shiitake Mushroom Taco €17.50

Iceberg Lettuce · Mango · Chili Peppers ·  
Avocado Mayonnaise · Soy Sauce ·  
Sesame Seeds

Foods in this restaurant are processed in a kitchen that produces dishes with milk, wheat, soybean, fish, tree nuts, peanuts, eggs, and egg products. If you have a food allergy or special dietary requirements, please inform a member of staff or ask for more information. All prices in euros (€). VAT Included at legal rates. No food or drink can be charged if not requested by the customer nor consumed. We have a complaints book.

Vegetarian Contains Gluten Contains Nuts Contains Lactose Contains Sesamo Seeds

FOLLOW US ON SOCIAL MEDIA  
@UANDCOVALEDOLOBO


## MAINS

### FISH


**Miso-Glazed Blackened Salmon** €26.00

Pak Choy · Lime Sauce · Shiitake Mushrooms · Pickled Radish · Rice · Coriander · Sesame Seeds 

**Pan-Fried Sea Bass & Citrus Beurre Blanc** €30.00



Carrot · Spinach · Artichokes · Green Asparagus · Dill Oil 

**Jumbo Tiger Prawns with Tomato & Lemon Risotto** €37.00



Garlic · Extra Virgin Olive Oil · Bisque · Aromatic Herbs · Samphire 

### MEAT

**U&CO Signature Beef Tagliatelle** €26.00

Fillet Beef Strips · Sun-Dried Tomatoes · Rocket Leaves · Parmesan Shavings · Pine Nuts · Garlic · Chili Peppers  

**Tender Lamb Rack & Mint Yogurt Sauce** €36.00



Lemony Bulgur Salad · Feta Cheese · Spinach Leaves · Dried Apricots · Dukkah Spice · Cherry Tomatoes  

**Succulent Slow Braised Veal, Gremolata & Red Wine Reduction** €28.00

Caramelized Shallots · Watercress Spinach · Carrot 

### VEGETARIAN


**Buffalo Mozzarella & Basil Tagliatelle** €22.00

with dried tomatoes, garlic, pine nuts, rocket leaves & chilly peppers  

**Miso Roasted Hokkaido Pumpkin & Lemongrass Ginger Sauce** €18.00

Pak Choy · Shiitake Mushrooms · Cherry Tomatoes · Basmati Rice · Sesame Seeds

**Carrot Risotto with Orange & Basil** €18.00

Green Asparagus · Spinach · Parmesan Shavings 

## FROM THE GRILL

**Smoky Chili & Citrus Chicken Skewer** €20.00

Deboned & Marinated Chicken Thighs

**Surf & Turf - 1 uni** €12.00

Upgrade your Steak with a Succulent Jumbo Tiger Prawn



**Prime Fillet Steak 200gr** €36.00

Tender & Elegant · Grain Fed · South America 

**Rib Eye Steakhouse Cut 300gr** €34.00

Rich & Flavourful · Grain Fed · South America 

### SAUCES

€3.00

Green Pepper Sauce  
Burnt Butter & Garlic Drizzle

Argentinian Chimichurri  
Creamy Horseradish Sauce  
Truffle Infused Mayonnaise

Smoky BBQ Sauce  
Spicy Sriracha Mayo

## SIDES

*Any changes to the sides will be charged separately.*

French Fries  €5.50  
Sweet Potato Wedges  €5.50  
Parmesan & Basil Crushed Potatoes  €6.50  
Steamed Basmati Rice €4.50  
Crispy Panko Onion Rings   €6.50  
Tenderstem Garlic Broccoli €6.50

Classic Tomato & Onion Salad €5.50  
Garden Mixed Salad €5.50  
Fresh Lemony Bulgur Salad  €6.50  
Sautéed Baby Spinach €6.50  
Garlic Butter Mushrooms €6.50  
Crunchy Cabbage Slaw & Lemony Mayo Dressing €5.50

 Vegetarian  Contains Gluten  Contains Nuts  Contains Lactose  Contains Sesame Seeds

FOLLOW US ON SOCIAL MEDIA  
@UANDCOVALEDOLOBO

**FOLLOW US ON SOCIAL MEDIA**

**@UANDCOVALEDOLOBO**

